

Kev Qhia Tus Neeg Mob

Cov kev pab rau kev kuaj no hauv kev kuaj mob txog Kev Muaj Cov Kab Mob Npev Taws Lias Hauv Plab Hnyuv Me Ntau Dhau (SIBO) thiab Kev Muaj Cov Kab Mob Methanogen Hauv Plab Hnyuv Ntau Dhau (IMO)

SIBO & IMO 10 Tube Glucose

Pob Khoom Siv Los Sau
Kev Kuaj Kev Ua Pa Nrhiav
Txog Cov Pa Hydrogen thiab
Methane

Thaum uas feem ntau pom muaj cov kab mob npev taws lias nyob rau hauv txoj hnyuv loj tuaj yeem pom muaj tau hauv cov hnyuv me, tej zaum lub plab zom mov yuav tsim cov pa hydrogen thiab/los sis methane ntau dhau, uas tuaj yeem ua rau muaj ntau yam tsos mob hauv plab hnyuv xws li tsam plab, raws plab, thiab/los sis cem quav. Yeej keev tau kuaj pom tus zwj ceeb mob no tias yog **Kev Muaj Cov Kab Mob Npev Taws Lias Hauv Plab Hnyuv Me Ntau Dhau (SIBO)** thiab raug cais tias yog SIBO uas cuam tshuam txog cov pa hydrogen los sis SIBO uas cuam tshuam txog cov pa methane. Txawm li cas los xij, cov lus qhia tshiab qhia txog qhov sib txawm ntawm txhua qhov kev faib tawm tau ua rau muaj kev rov faib cais SIBO uas cuam tshuam txog cov pa methane tias yog **Kev Muaj Cov Kab Mob Methanogen Hauv Plab Hnyuv Ntau Dhau (IMO)**, vim tias cov pa methane hauv plab hnyuv raug tsim tawm los ntawm cov kab mob archaea, uas qhov tiag lawm tsis yog ib tug kab mob.

Nkag mus saib cov lus qhia thiab cov vib dis aus ntawm www.commdx.com/patients



PUAS MUAJ LUS NUG DAB TSI?

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ib Hnub Monday-Hnub Friday: 9 teev saww
ntxov - 5 teev tsaus ntuj sij hawm ET

Koj Pob Khoom Kuaj Suav Muaj:

- (1) Cov Lus Qhia rau Kev Siv
- (1) Daim Foos Thov Kev Kuaj Ntshav
- (1) Tus thoj sau qauv uas muab qhvw cia
- (1) Pob ntawv muaj keeb tshuaj piam thaj*
- (10) Cov thoj sau qauv hauv pob khoom ntim cia tsis pub muaj cua
 - (1) Daim npav lo npe qhia txog cov qauv uas muaj 10 daim ntawv lo npe
 - (1) Daim ntawv lo npe kev xa rov qab uas them nyiaj ua ntej lawm
 - (2) Cov hnab qhvw uas muaj npuas pa siv rau kev ntim cov qauv

Cov Kev Qhia thiab Kev Siv: Lub hom phiaj siv cov cuab yeej no yog rau kev sau cov qauv ua pa ntawm tib neeg los pab rau kev kuaj nrhiav txog Kev Muaj Cov Kab Mob Npev Taws Lias Hauv Plab Hnyuv Me Ntau Dhau (SIBO) los sis Kev Muaj Cov Kab Mob Methanogen Hauv Plab Hnyuv Ntau Dhau (IMO).

Cov Kev Txwv: Cov neeg mob uas paub tias tsis haum nrog piam thaj yuav tsum tsis txhob kuaj qhov no. Cov neeg mob ntshav qab zib yuav tsum tsis txhob siv qhov kev kuaj no vim tias yuav tsum tau muaj cov piam thaj uas yaj tau sai thiab yoo mov. Cov neeg mob ntshav qab zib yuav tsum sab laj nrog lawv tus kws kho mob ua ntej ua qhov kev kuaj mob vim tias yuav tsum tau muaj cov piam thaj uas yaj tau sai thiab yoo mov.

Cov Kev Ceev Faj: Cov neeg mob uas muaj kev tsis haum zaub mov yuav tsum tau ceev faj ua ntej ua qhov kev kuaj no vim tias cov keeb tshuaj feem ntau tsis sau qhia ua ke nrog kev tsis haum khoom noj. Hu rau kev pab kho mob tam sid yog tias koj muaj cov tsos mob ntawm kev ua xua: ua pob khaus; ua tsis taus pa; o ntawm lub ntsej muag, daim di ncauj, tus nplaig, thiab caj pas. Ib qho xwm txheej loj twg uas tshwm sim muaj feem xyuam rau lub cuab yeej no yuav tsum tau muab tshaj qhia mus rau cov chaw tsim khoom thiab cov thawj tswj uas muaj cai tswj hwm ntawm tustswv cuab lub xeev uas tus neeg mob muaj npe rau.

Thov sab laj nrog koj tus kws kho mob yog tias koj muaj kev txhawj xeeb txog kev noj qab haus huv, tseem tab tom noj zaub mov tshwj xeeb, thiab/los sis noj tshuaj raws li kws kho mob qhia. Thov tsis txhob tsum tsis pub noj cov tshuaj kws kho mob sau yuav los sis yuav tom khw muag khoom (OTC), suav nrog cov uas muaj npe teev nyob rau hauv seem Kev Txwv Txog Kev Kuaj, yam tsis tau sab laj nrog koj tus kws kho mob ua ntej kuaj qhov no.

Lus Ceeb Toom Tseem Ceeb

1. **Nco ntsoov xyuas hnuv tas sij hawm ntawm koj cov khoom siv kuaj** uas nyob rau sab nraud ntawm koj cov khoom siv ntawm ib sab ntawm daim duab lub moos (🕒) suab zeb qhia pomraws li XYOO/HLI/HNUB. Tsis txhob ua koj qhov kev kuaj yog tias hnuv tas sij hawm twb dhau lawm thiab tiv tauj mus rau CDI kom tau txais cov khoom kuaj tshiab.
2. **Cov qauv siv tau rau ob [2] lub lim tiam los ntawm kev sau cov qauv** thiab yuav tsum tau txais ntawm CDI's lab nyob rau lub sij hawm no. Thov xa koj cov khoom siv rov qab mus rau CDI tam sim ntawd tom qab ua tiav qhov kev kuaj.
3. **Tsis ua raws li cov lus qhia no tuaj yeem ua rau qhov kev kuaj siv tsis tau** Koj tseem yuav raug them nqi rau qhov kev kuaj yog tias qhov kev kuaj siv tsis tau vim yog tus neeg mob ua yuam kev.
4. **Thov ua tib zoo nyeem cov cai hais txog kev sau nqi kev tuav pov hwm** hauv cov lus qhia no nrog rau ntawm koj daim foos thov. Cov ntaub ntawv ntxiv tuaj yeem pom ntawm no ntawm peb lub vev xaib, www.commdx.com/insurance
5. **Yog tias koj muaj ntau qhov khoom siv kuaj**, thov nco ntsoov tias yuav tsum tau rov ua kev npaj kuaj hauv ncuaj sij hawm 24-teev ntawm txhua qhov kev kuaj. Peb xav kom tseg ncuaj kev kuaj sib nruv yam tsawg li ntawm 24 teev.

Cov Cim Txhais



Mus saib Cov Lus Qhia Rau Kev Siv



Lus Ceev Faj Ntawm



Lub Chaw Tsim Tshuaj



Muaj txaus rau kev ntsuas 1 zaug



Tsis txhob siv yog tias tawg



Tsis txhob rov muab siv



Hauv lub cuab yeej fab kev kho mob rau kev kuaj mob sab nraud ntawm lub cev



Tus Zauv Xuv Hauj Lwm



Tus Naj Npawb Pab Pawg



Tus neeg sawv cev uas tau kev tso cai hauv Lub Zej Zog Neeg European Community



Lub Cim CE



Siv Raws Hnuv Tim

Kev Sau Nqi thiab Kev Tuav Pov Hwm

Thov nyeem ua ntej koj mus kuaj kev ua pa:

- CDI yuav xa ib daim ntawv thov sawv cev rau koj rau tag nrho cov phiaj xwm kev tuav pov hwm kev lag luam. Cov phiaj xwm kev tuav pov hwm kev lag luam feem ntau tsis xam tias CDI yog lub chaw muab kev pab cuam hauv pab pawg koom tes, yog li ntawd cov neeg mob feem coob yuav tsum tau lav them **rau tus nqi yus them yus siab tshaj plaws li \$249 toj kev kuaj kev ua pa ib zaug.**
- Yog tias koj lub chaw muab kev tuav pov hwm tsis muaj npe nyob hauv peb lub vev xaib tias yog lub chaw muab kev pab cuam hauv pab pawg koom tes, peb yuav sau nqi txog koj daim ntawv thov tias yog daim ntawv thov tsis nyob hauv pab pawg koom tes. Nws yog tus neeg mob lub luag hauj lwm los tiv tauj lawv lub chaw muab kev tuav pov hwm los txiaj txim siab txog kev duav roos. CPT cov cai thiab lwm yam ntaub ntawv uas xav tau los txiaj txim siab txog kev duav roos tuaj yeem pom nyob rau ntawm peb lub vev xaib. *Thov nco ntsoov, peb lub chaw kuaj mob tsis yog ib lub ntawm koj tus kws kho mob, yog li yog tias koj tus kws kho mob nyob hauv pab pawg koom tes, nws tsis txhais hais tias CDI yuav nyob hauv pab pawg koom tes. Thov mus saib rau peb lub vev xaib kom paub cov npe ntawm cov chaw muab kev tuav pov hwm hauv pab pawg koom tes.*
- CDI lees txais tag nrho **Medicare, Medicare Advantage, thiab Tricare** cov phiaj xwm tuav pov hwm kev noj qab haus huv uas tsoom fww tswj hwm.
- CDI **tsis lees txais Medicaid**. Yog tias koj yog tus neeg mob Medicaid, peb yuav sau nqi ntawm koj txog tus nqi yus them yus siab tshaj plaws li \$249 rau ib qho kev kuaj ua pa.
- CDI muab tau cov phiaj xwm kev them nqi yooj yim thiab cov khoos kas hais txog kev txom nyem fab nyiaj txiag rau cov neeg uas tsim nyog tau txais kev pab. Hu rau CDI pab neeg ua hauj lwm pab cuam neeg qhua ntawm customerservice@commdx.com los sis mus saib peb lub vev xaib kom paub ntau ntxiv.
- Yuav muaj cov nqi them rau kev tuav pov hwm rau tus nqi kev rau npe ntawm peb qhov kev kuaj, \$599. Tag nrho cov nqi tsis tau txais kev duav roos yog tus neeg mob lub luag hauj lwm. Tus nqi yus them yus siab tshaj plaws yuav tsis tshaj \$249 toj kev kuaj ib zaug.

Mus saib hauv www.commdx.com/insurance kom paub cov ntaub ntawv tseem ceeb suav nrog cov npe ntawm peb cov chaw muab kev pab cuam hauv pab pawg koom tes thiab Cov Lus Nug Uas Nquag Nug txog kev sau nqi thiab kev tuav pov hwm.

8 Cov Kauj Ruam Yooj Yim



1 **Ua Daim Foes Thov Kev Pab**, kos npe thiab hnub tim. **TSIS TXAUS SIAB RAU** tshooj hais txog cov ntaub ntawm ntawm Tus Kws Kho Mob.



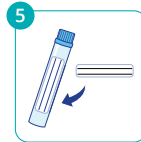
2 **Mov cov pob ntawv muaj keeb tshuaj sib tov ua ke** rau hauv 8 ooj ntawm cov dej uas sov li nyob hauv chav nyob. **TSIS TXHOB RAWM HAUS.**



3 **Sau cov qauv #1** - Ntxig tus thoj nkag mus ib nrab rau hauv lub raj, ua pa tawm li ib txwm li 5-8 vib nas this kom txog thaum muaj pa ua hws nyob rau ib sab ntawm lub raj tso.



4 **Kaw lub hau rov qab rau kom ruaj** - **TSIS TXHOB KAW KOM CEEV DHAU.** Yuav tsum ntswj lub hau mus rau thawj theem uas ceev kiag xwb. Yog tias koj pom tias nws zuav rau sab hauv lawm, ces thim lub hau tawm thiab rov ntswj dua kom ntseeg tau tias kaw ruaj lawm xwb.



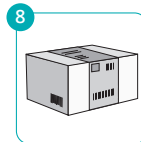
5 **Nplaum npe qhov qauv #1** - Sau daim ntawv lo kom txhij thiab muab nplaum rau ib sab ntawm lub raj.



6 **Haus cov keeb tshuaj sib tov kiag tam sim ntawd tom qab** sau cov qauv #1 thiab tos 15 feeb ua ntej sau cov qauv #2.



7 **Rov ua kauj ruam 3-5 rau txhua lub raj** txhua 15 feeb kom txog thaum siv tag nrho cov raj. Muab cov raj uas nplaum npe lawm rau hauv lub hnab qhww ua npuas pa uas muab tuaj ntawd.

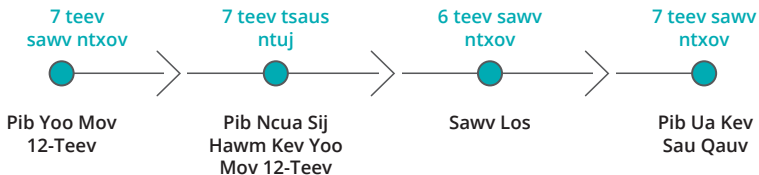


8 **Muab xa rov qab mus rau CDI** - Nplaum daim ntawv lo rau lub thawv. Kuaj xyuas daim ntawv lo kom paub meej txog cov ntaub ntawm ntawm lub chaw muab tuaj. Yuav tsum tau txais cov qauv nyob rau ntawm lub chaw kuaj mob tsis pub dhau 2 lub lim tiam txij thaum sau kiag los. Xa pob khookom siv hauv 24 teev tom qab kuaj raws li pom zoo.

Time of Test:
SIBO & IMO 10 Tube Kit:
2 hours and 15 minutes

Ncuá Sij Hawm Kev Npaj Hauv 24 Teev

LUB SIJ HAWM POM ZOO:



Tej zaum nws yuav yooj yim los pib ncuá sij hawm kev npaj hauv 24-teev thaum sawv ntxov kom koj thiab li yuav ua tau raws li kev noj mov tshwj xeeb thaum nruab hnub, kiag tam sim ntawd tom qab ncuá sij hawm kev yoo mov thaum hmo ntuj (uas tej zaum yuav suav muaj lub sij hawm siv rau kev pw tsaug zog).

COV KEV TXWV TXOG KEV KUAJ*

- Tso tseg kev siv tshuaj tua kab mob rau 4 lub lim tiam ua ntej mus kuaj.
- Tsis txhob siv cov tshuaj laxatives thiab/los sis cov tshuaj tiv thaiv kab mob (piv txwv li txhua yam uas pab kom mus tso quav) rau 1 lub lim tiam ua ntej mus kuaj.
- Tsis txhob haus luam yeeb los sis luam yeeb hluav taws xob tsawg kawg 24 teev ua ntej kev kuaj, los sis txhua lub sij hawm thaum kuaj.
- Tsis txhob pw los sis tawm dag zog tsawg kawg 1 teev ua ntej kev kuaj los sis txhua lub sij hawm thaum kuaj.

* Nrog koj tus kws kho mob tham ua ntej yuav tsum tsis noj tshuaj ua ntej yuav kuaj qhov no.

KEV NOJ HAUS HAUV 12-TEEV: PUB NOJ KHOOM NOJ NKAUS XWB

Mus saib hauv CDI lub vev xaib kom paub meej cov npe khoom noj uas tau tso cai, qauv zaub mov txawv, thiab cov phiaj xwm noj mov uas pom zoo.



Roj Txixv Olive, Ntsev, thiab Hwj Txob (*rau khoom ua kom qab me ntsis xwb*)



Khaub Cij Dawb Tsis Rau Dab Tsi



Nqaij Ntses Hiav Txwv Ncu los sis Hau



Mov Txua



Kas Fes Dub Tsis Rau Dab Tsi, Tshuaj Yej Dub los sis Ntsuab Tsis Rau Dab Tsi (*tsis pub muaj tshuaj ntsuab*)



Qe



Nqaij Nyij Ntshiv thiab Nqaij Npuas Ntshiv Ncu los sis Hau (*tsis pub noj nqaij daw ntsev*)



Qos Yaj Ywm Hau los sis Muab Zom Mos (*tsis muaj tawv*), Zaub Ntug Hauv Paus thiab Zaub Ntug Hauv Paus Liab



Taum Pauv Tsis Rau Dab Tsi



Nqaij Qaib thiab Qaib Ntxhw Ncu los sis Hau (*tsis pub noj nqaij daw ntsev*)

NCUA SIJ HAWM KEV YOO MOV 12-TEEV

- Tsis txhob noj ib yam dab tsi li tshwj tsis yog dej xwb thaum yoo mov los sis hauv lub sij hawm kuaj.
- Koj tuaj yeem noj tau cov tshuaj kws kho mob sau yuav uas tsim nyog uas koj tus kws kho mob qhia
- Tsis txhob noj cov tshuaj qab los-los sis tshuaj ntshiv zog.
- Koj tuaj yeem txhuam koj cov hniav raws li koj txhuam txhua hnub.
- Koj yuav tsum sawv los tsawg kawg li 1 teev ua ntej pib qhov kev kuaj.

Peb xav kom koj hu rau peb pab neeg muab kev pab cuam rau cov neeg siv khoom yog muaj lus nug dab tsi hauv lub sij hawm ua hauj lwm li ib txwm (Hnub Mon-Fri: 9 teev sawv ntxov - 5 teev tsaus ntuj ET).



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